

NEWS from THE BRUSH

for the week of January 22, 2018

Message from the Nurse

It is Cough, Cold, and Flu season. Please remember to cover your cough, wash your hands, and stay home from school if you are sick. The Department of State Health Services guidelines says you must stay home for fever >100.0 and until you are fever-free without the use of fever reducing medications for 24 hours. Here are some helpful websites: <http://www.dshs.texas.gov/flu/> and <https://www.cdc.gov/flu/about/qa/coldflu.htm>

This 24 hr rule applies to fever, diarrhea and vomiting. You must be fever, diarrhea and vomit free for 24 hrs without medication before you return to school.

Proper hand washing by the CDC. www.cdc.gov/cdctv/healthyliving/hygiene/fight-germs-wash-hands.html

Reminders: Students are **not** allowed to carry any medications, oils or herbal or dietary supplements. If you would like to have medications at school, a request to administer medications form must be filled out and the medications must be brought in by a parent/guardian and dispensed by the nurse. Students may carry their own cough drops (the only exception).

A parent note is accepted for a 24-48 hr absence, after that a Doctor's note is needed.

*High School visits:

Jan. 30th—LHS 8th Grade Parent Night at LHS (time not yet available)

Feb. 7th—CPHS Parent Night

May 24th - 8th Grade Invasion at Cedar Park HS for all incoming 9th graders

***Girls Basketball:** Jan. 22nd 5:15pm-7:15pm 7th grade @ Stiles MS and 8th grade @ RBMS

***Boys Basketball:** Jan. 24th 5-7pm 7th grade @ Stiles MS and 8th grade @ RBMS

***Musical Rehearsals:** Jan. 23rd 7-9pm

***Glenn High School Blueprint Night:** Jan. 29th 5:30pm-8pm

*Weekly Club Meetings:

Mondays: Green Team 4:15-5pm Rm D415 Born to Run 4:15-5pm D412

Tuesdays: Chess Club 4:15-5pm Rm. C305

Wednesdays: Cougars for Christ 8:20am Rm C311 Step Team 4:15-5pm Rm.B207

Thursdays: Art Club 4:15-5pm Rm.B207

Fridays: C2 8:15am Rm. C304

Check Website for more information.

***Reflections Council Level Awards Ceremony:** Feb. 23rd 6:30pm at Cedar Park High School PAC

***Track tryouts:** Feb 5th—9th Times: 1st per. 3rd per. And 9th per. Must sign up and have a physical on file. Practices will be every Monday, Tuesday and Wednesday after school for all Sprinting and field events. Long distance will Monday—Wednesday mornings.

***Mandatory cheer Parent meeting:** Feb. 20th @ 6pm in small gym for all interested 6th & 7th graders

***Mandatory Cheer Tryouts:** March 26th—28th 4:15-5:30pm in small gym

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Saturday Night Fever

JANUARY 27, 2018 | 6 PM | HILTON AUSTIN

70'S STYLE LIP SYNC BATTLE BY LISD PRINCIPALS & STAFF • SILENT AUCTION • DINNER • DANCE PARTY

MORE INFORMATION, TICKETS, TABLES & SPONSORSHIPS AVAILABLE AT LEEFTX.ORG
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