## **BEFORE YOU BRING FOOD TO SCHOOL**

## Please read this first!!!

(Foods of Minimal Nutritional Value (FMNV) Policy)

The Texas Department of Agriculture has issued the following policy for public schools in Texas.

- Middle and junior high school campuses may not serve or provide access for students to foods of minimal nutritional value and all forms of candy at any time anywhere on school premises until after the end of the last scheduled class.
- Such foods and beverages may not be **sold or given away** to students on school premises by school administrators or staff (principals, coaches, teachers, etc.), students or student groups, parents or parent groups, guest speakers or any other person, company or organization.

These foods of minimal nutritional value include, gum, any carbonated beverages, including those with added nutrients such as vitamins, minerals and protein, any water ices, such as popsicles and other flavored ices, and any candies, whether sweetened with sugar or artificial sweeteners.

\*\*\*Parents may continue to bring lunches for their own children; however, they are not allowed to bring pizzas, cakes, treats or other foods for distribution at lunch for students other than their own children.

## **Competitive Foods**

Competitive foods are ALL food and beverages that are not provided by school food service.

Competitive foods are **not allowed anywhere** on school premises from **30 minutes before or 30 minutes after meal periods.** (Breakfast and lunch). All food, beverages and snack items must comply with the nutrition standards and portion size restrictions mandated by the Texas Department of Agriculture.

For more information, visit <a href="mailto:squaremeals@texasagriculture.gov">squaremeals@texasagriculture.gov</a>, or call (877) TEX-MEAL